

Kentucky Teachers' Retirement System



Gary L. Harbin, CPA
Executive Secretary

KTRS Insurance Team Communication for 2015 MEHP



KTRS Insurance Update on the Over 65 MEHP



Earlier this year ...

- ▶ ... KTRS issued two Requests for Proposals (RFPs) for the KTRS Medicare Eligible Health Plan (MEHP) for calendar year 2015. The first was for a Medicare Part D Prescription Drug Plan. The second RFP was for an insured Medicare Advantage (medical only) plan. The RFPs were written to help ensure that the existing MEHP plan designs, out-of-pocket costs and physician, hospital and pharmacy access would not materially change. Conducting an RFP every 3-5 years is an industry best practice that helps keep vendors motivated and helps ensure that KTRS is getting the most competitive pricing and innovative solutions.



The KTRS MEHP Part D Prescription Drug Plan bid was awarded once again to Express Scripts for 2015. Remaining with Express Scripts allows KTRS to continue as a member of the Know Your Rx Coalition with access to 6 pharmacists and the ability to leverage the Coalition for future drug pricing.

KTRS has a NEW Vendor!

Age 65 and Over Only

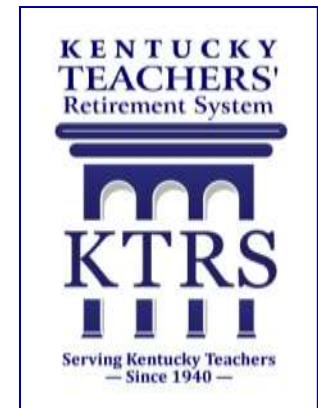
The KTRS MEHP Medicare Advantage plan was awarded to UnitedHealthcare (UHC) for 2015. UHC is a nationally-recognized company with offices in Louisville and Lexington that employs 700 UHC employees. In addition, UHC will provide a full-time UHC employee to be located in the KTRS Frankfort office.



KTRS has a NEW Vendor ...

Age 65 and Over Only

- UHC will provide the same benefits at a significant savings in premium to KTRS. KTRS projects to save \$13 million in 2015 compared to 2014 with a guaranteed, not-to-exceed premium for 2016 and 2017. Saving money will help sustain the Medical Insurance Fund and, as a result, will allow KTRS to continue to provide meaningful health insurance for retired teachers. Also, for 2015, the MEHP premium will be reduced from \$290 per month to \$250 per month.
- The UnitedHealthcare Medicare Advantage plan will become effective January 1, 2015. Similar to the current Medicare Advantage plan, it will be a national, passive Preferred Provider Organization (PPO) plan.



What does not change ...

Age 65 and Over Only



It is important to point out what stays the same for 2015:

No medical provider network required.

Visit any provider that accepts Medicare and agrees to bill UHC.

No change in co-payments, some co-payments reduced.

No change in deductible.

No change in coinsurance.

No change in out-of-pocket annual maximum.

Participants are still in the Medicare program.

Participants will still have the same Medicare rights and protections.

No change in plan design elements

What Are the Enhancements for 2015?

Age 65 and Over Only

- For covered spouses and retirees not eligible for the full KTRS contribution, the monthly MEHP premium will be reduced from \$290 to \$250.
- Coverage for a routine hearing exam every 12 months at a \$0 copay.
- A \$500 hearing aid allowance every 36 months (This benefit can coordinate with KRTA's Hear in America Program).
- Some routine podiatry coverage.
- HiHealthInnovations Hearing Aids Discounts.
- Member Rewards Program.



In addition, it is important to point out enhancements for 2015:



Additional Enhancements for 2015 ...

Age 65 and Over Only

- HouseCalls (in home assessment program).
- Solutions for Caregivers (provides care planning and care coordination services designed to relieve some of the burden and stress of caregiving and supports the overall well-being of the person receiving care).
- My Path to Health.
- \$125 Outpatient Surgery Co-payment removed.
- \$250 Inpatient Hospital Co-payment reduced to \$200, but now applied at every admittance.
- KTRS On-site UHC Retiree Advocate to answer calls and meet face to face with KTRS visitors.
- QuitPower.



What Will Change for 2015?

Age 65 and Over Only

**You will receive a NEW
UnitedHealthcare Medical Card
in late December 2014 to replace
your existing Humana card
effective January 1, 2015.**



Answers to Some of Your Common Questions:

The Most Important QUESTION **Do I Need to Enroll?**

**Age 65 and
Over Only**

NO!!!

For those currently participating in the KTRS MEHP, you will be automatically enrolled for January 1, 2015. You will not have to complete a paper application.

If you are turning age 65 in the future and you are currently covered through the Kentucky Employees' Health Plan, you will receive a KTRS MEHP enrollment packet that must be completed and submitted to KTRS approximately 30 days before turning 65.

If you are a retiree and wish to enroll during open enrollment for the effective date of January 1, 2015, please request an MEHP open enrollment form between October 15 and December 7. Spouses are only eligible to enroll with a KTRS qualifying event. A list of qualifying events can be obtained at www.ktrs.ky.gov.

**When will I receive
my NEW ID Card?**

**UnitedHealthcare
ID cards
will be mailed
around the
Christmas holiday.**

**What do I do with my other
insurance cards?**

Continue to use your Humana card for all doctors and hospital visits through December 31, 2014. Beginning January 1, 2015, use your new UHC insurance card for all doctors and hospital visits. **Continue to use your Express Scripts card now and in 2015 for prescriptions you purchase.**

Should I be concerned whether my doctor accepts UHC's Group Medicare Advantage PPO Plan?

A KTRS plan participant may go to any provider that accepts Medicare's fee schedule and agrees to bill UHC, even if they are not in UHC's network. The PPO network is passive, meaning that participants will not be balance billed when visiting medical providers who are out of UHC's PPO network. Also, UHC will conduct a proactive outreach to providers that participants are currently seeing to educate them about how the UHC Group Medicare Advantage PPO works and how providers can file claims on behalf of KTRS participants.

What do I do with the Humana Vitality Bucks and Points that I have accumulated? Please use the bucks and points before December 31, 2014, and then UHC's Incentive Wellness Program will begin on January 1, 2015.

What to Expect Next?

Age 65 and Over Only

KTRS understands that you may have additional questions about the UHC Medicare Advantage plan. Here is a general timeline of when you can expect to receive more information:

| | |
|-------------------------------|---|
| August/ September | KRTA District Workshops will provide KRTA leadership with education and information on the UHC Medicare Advantage plan. |
| September/ October | UHC will send specific plan information to all KTRS Medicare eligible retirees and will include information on upcoming local education meetings. |
| October/ November | Education meetings will be held in key locations throughout the State for KTRS Medicare eligible retirees. |
| December | A Humana termination notice for the December 31, 2014 termination and UHC Medical ID cards and new member welcome materials will be sent to all MEHP members. |

Age 65 and Over Only

2,700 or 10% of the MEHP Enrollees Are Actively Participating!

- These 2,700 made 18,097 visits to the gym in the month of November 2013.
- That means that each of the 2,700 visited a gym 6.7 times per month on average for November 2013.
- 116 of the 2,700 are over the age of 85! Way to Go!!

Know Your Rx Coalition *Pharm-Assist* Offering ...

- In addition to purchasing power, Know Your Rx Coalition offers member institutions clinical resources to help further manage Rx spend.
- Free counseling service via live pharmacists.
 - Identification of lower cost prescription alternatives.
 - Contacting physician to facilitate seeking authorization for lower cost alternative therapies.
 - Liason for retirees/physicians for issues with Rx benefit including prior authorization, step therapy, and other programs.
 - Educational resources for retirees – adverse effects, drug interactions and general medication information.

Know Your Rx Coalition

855-218-5979

Clinical Director

Lucy Wells

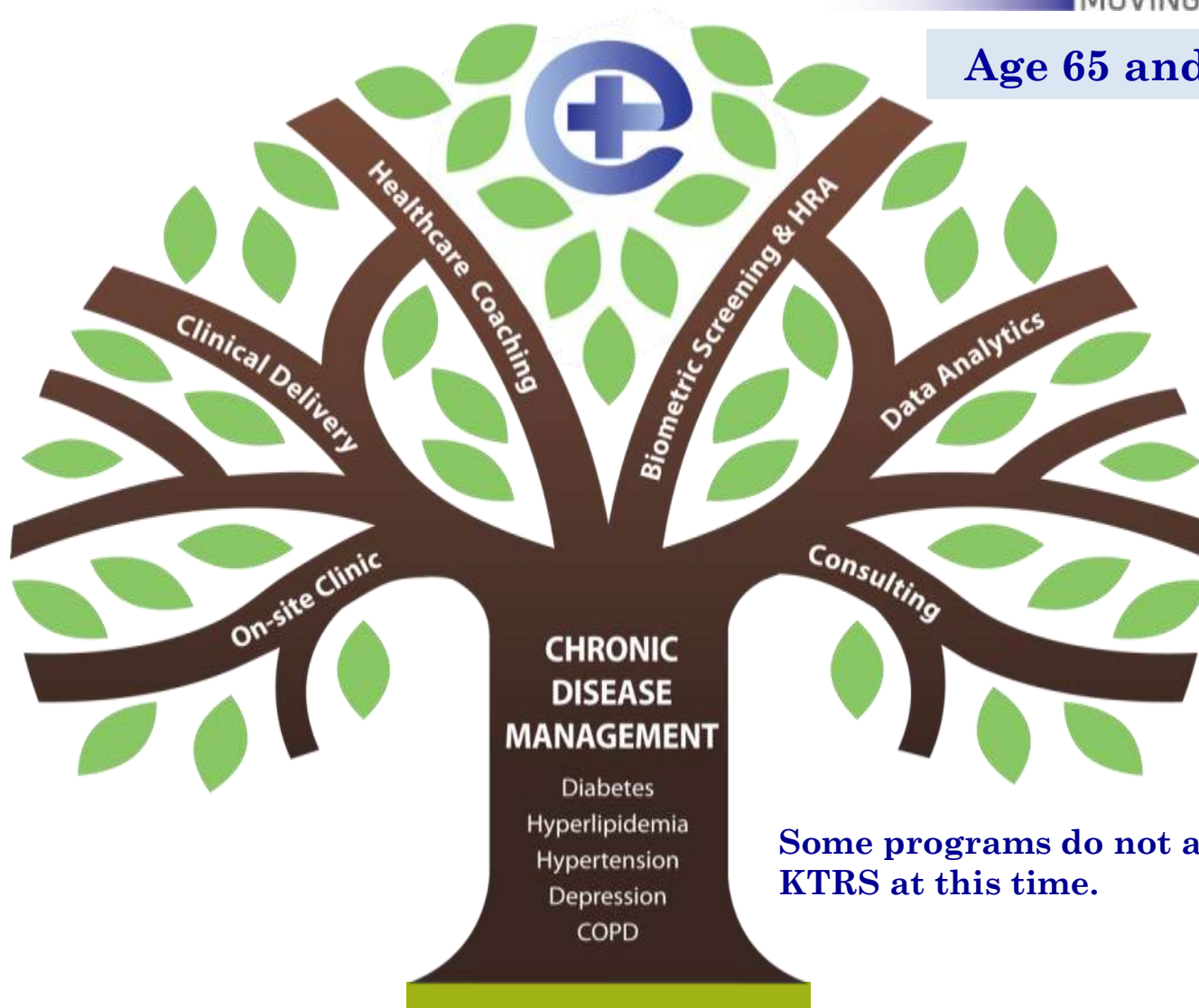
Dedicated Clinical Pharmacists

Lea Goggin
Carrie Isaacs
Matt McMahan
Allison Russell
Kimberly Bottom

Edumedics – A Leader in Disease Management

MOVING HEALTHWARD

Age 65 and Over Only



Some programs do not apply to KTRS at this time.

Call Edumedics for more information 1-855-210-8514

Edumedics – Our Solution

Age 65 and Over Only

MOVING HEALTHWARD



We offer face-to-face clinical guidance and support to help you manage your current health conditions.



Edumedics

If you have **diabetes** and/or **high blood pressure** and **high cholesterol**, we can provide the guidance you need to help you achieve a more enjoyable lifestyle.

You will have personal, **one-on-one clinical visits** with a knowledgeable and friendly Edumedics Nurse Practitioner who will guide you to better health.

Call Edumedics for more information 1-855-210-8514

What to Expect During a Visit With the Nurse Practitioner

Age 65 and Over Only

MOVING HEALTHWARD



A medical assessment and laboratory results review

- Medications will be reviewed and appropriate medications will be recommended
- Education on importance of following doctor recommendations
- Nurse Practitioner will encourage and promote self-care and goal setting
- Nurse Practitioner will coordinate with your primary care provider
- Follow-up visits will track progress towards achieving goals

Confidentiality will be maintained at all times!

Out-of-pocket cost for the visits to you is minimal, as the services are considered professional visits, and are subject to the 4% coinsurance (on average, less than \$10) and deductible

Edumedics – We'll listen to your concerns and be your partner in your journey towards health!



Edumedics

Call Edumedics for more information 1-855-210-8514

Meet Erin Azbell, A Nurse Practitioner With the Edumedics Disease Management Program

Age 65 and Over Only



- Bachelor's degree in nursing from the University of Alabama at Birmingham School of Nursing in 2008.
- Worked in the Neurosciences Intensive Care Unit at UAB Hospital for four years.
- Master's degree in advanced practice nursing from UAB in May 2012.
- Certified as an adult nurse practitioner by the American Academy of Nurse Practitioners.
- Licensed in the state of Kentucky as an advanced practice registered nurse.



Our Members Come First!

As always, you may contact
KTRS if you have any
questions or concerns.

**Monday through Friday,
8:00 AM - 5:00 PM EST.**

1.800.618.1687

502.848.8500

www.ktrs.ky.gov

Protecting & Preserving Teachers' Retirement Benefits