go365 by Humana®

Only for Humana members

Earn up to $260 in rewards

How to earn rewards with Go365 by Humana in 2027

It's part of your Humana Medicare Advantage plan

Taking care of your health can be rewarding

Go365 by Humana® makes wellness fun and easy. We can help you reach your physical and emotional health goals. Track your activity and redeem rewards:

- By going online at **MyHumana.com**
- By filling out and mailing in paper forms

Earn rewards you can redeem for gift cards

More healthy activities = more gift cards for you

Complete eligible healthy activities like walking or getting your Annual Wellness Visit to earn rewards to redeem for gift cards. Once you've earned at least $10 in rewards, choose your gift cards in the Go365 Mall.

Activate your Go365 Profile

Now it's time to get going with Go365

If you have a MyHumana account, log in to see eligible activities you can complete to earn rewards and details on how to track your actions. If not, log in to MyHumana and activate your profile.

Track your exercise the easy way

Earn rewards each month for completing **12 or more workouts**. Here is how to track and earn:

1. **Log your workouts online** in your Go365 account or use a paper workout tracker to record your exercise. Eligible activities include participating in a SilverSneakers® fitness class, yoga, dance, gardening, cycling, pickleball, strength training and more. Submit your workout within **90 days** of completion.
2. **Connect a compatible activity tracker to Go365** to earn rewards automatically when you take at least 5,000 steps a day.

Go365 is compatible with activity trackers from a variety of manufacturers like Google Health and Garmin. For a full list, sign in to your Go365 account.

Activity	Go365 rewards	Activity limit
GET HEALTHY: Preventive screenings		
Annual Wellness Visit	$25 in rewards	1 per year
Bone density screening	$20 in rewards	1 per year
Colonoscopy	$55 in rewards	1 per year
Mammogram	$30 in rewards	1 per year
Medication usage survey	$10 in rewards	1 per year
Diabetic eye exam	$25 in rewards	1 per year
For members with diabetes: complete all 3 screenings to be rewarded – HbA1c, kidney urine test, kidney blood test.	$25 in rewards	1 per year
Your reward will show up automatically in your Go365 account if billed through your Humana medical or pharmacy plan. This can take up to 90 days.		
GET INVOLVED: Connect and learn		
Attend a health education or art class, participate in an athletic event, social club, or religious gathering or event.*	$5 per activity 90 days to submit activity ($10 annual maximum)	
Add medications as part of digital onboarding (via **Humana.com**).		
GET ACTIVE: Exercise and fitness		
12 or more workouts a month.	$5 per month 90 days to submit activity ($60 annual maximum)	

*One event per calendar month.

This is not a comprehensive list of activities. Activities are subject to change at any time.

Rewards have no cash value and must be earned and redeemed within the same program year. Any rewards not redeemed by December 31 will expire.

Gift cards and denominations are subject to change at any time without notice.

This communication does not guarantee benefits and does not indicate all services received will be covered by your plan. Please refer to your Evidence of Coverage or call Customer Care at the number on the back of your Humana ID card to confirm that the service will be covered by your plan.