

Teachers' Retirement System of the State of Kentucky

Turning 65 2022

Gary L. Harbin, CPA Executive Secretary

Happy 65th

Birthday





About 3 Months Before You Turn 65



Insurance companies bombard you by phone and mail with policies from the open market as early as six months before you turn 65.

Remember, it is **not necessary** to review these materials unless you expect to pay a premium at TRS and would just like to compare policies.



MEHP Medicare Eligible Health Plan













TRS does not endorse any vendor.





What Happens When You're About to Turn 65?

If you are currently on insurance through TRS

You will be sent Turning 65 information (through email or mail) explaining the TRS Medicare Eligible Health Plan (MEHP) which is composed of a Medicare Advantage PPO plan and a Medicare Part D prescription drug plan.

If you are *not* currently on insurance through TRS

You must request Turning 65 information explaining the TRS Medicare Eligible Health Plan (MEHP) or download materials from <u>https://trs.ky.gov</u>.



The Turning 65 Booklet





TEACHERS' RETIREMENT SYSTEM



Turning 65? What now?

Inside you will find important details and instructions on the process of turning 65 and continuing TRS insurance coverage as you turn 65. Please keep this booklet for future reference.

> 479 Versailles Road Frankfort, Kentucky 40601-3800 800-618-1687 Monday – Friday 8 a.m. – 5 p.m. ET <u>https://trs.ky.gov</u>







mannan

munn

The Turning 65 Booklet



- Introduction & MEHP description
- Transitioning from KEHP
- Medical Summary of Benefits
- Prescription flier
- Currently covered by a family, couple or parent plus plan?
- MEHP Enrollment Form (blue)
- Postage-paid return envelope









TRS



TEACHERS' RETIREMENT SYSTEM OF THE STATE OF KENTUCKY

Turning 65? What now?

Inside you will find important details and instructions on the process of turning 65 and continuing TRS insurance coverage as you turn 65. Please keep this booklet for future reference.

> 479 Versailles Road Frankfort, Kentucky 40601-3800 800-618-1687 Monday – Friday 8 a.m. – 5 p.m. ET https://trs.kv.gov

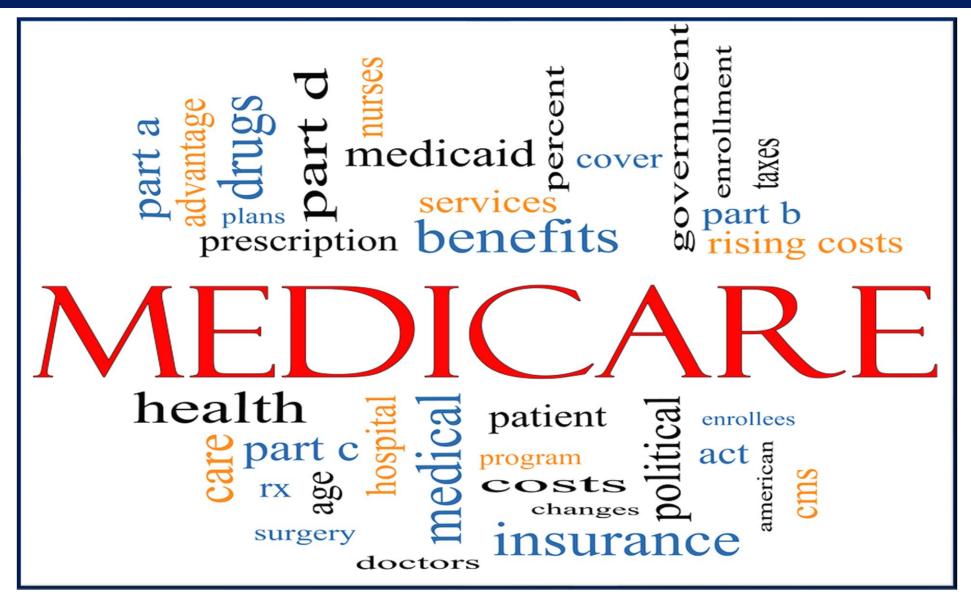
PATHWAY 🔌 https://mss.trs.ky.gov





TRANSITIONING FROM KEHP (NON-MEDICAR TO MEDICARE COVERAGE

Getting to Know ...





Medicare is ...

Health insurance for people age 65 and older or anyone under 65 with certain disabilities.



Administered by Centers for Medicare & Medicaid Services (CMS)

Enroll by contacting Social Security Administration (SSA)

or Railroad Retirement Board (RRB)



9

Ways to Receive Medicare Coverage

#1

#2

There are 2 main ways to receive medical coverage when on Medicare:

Original Medicare (1965)

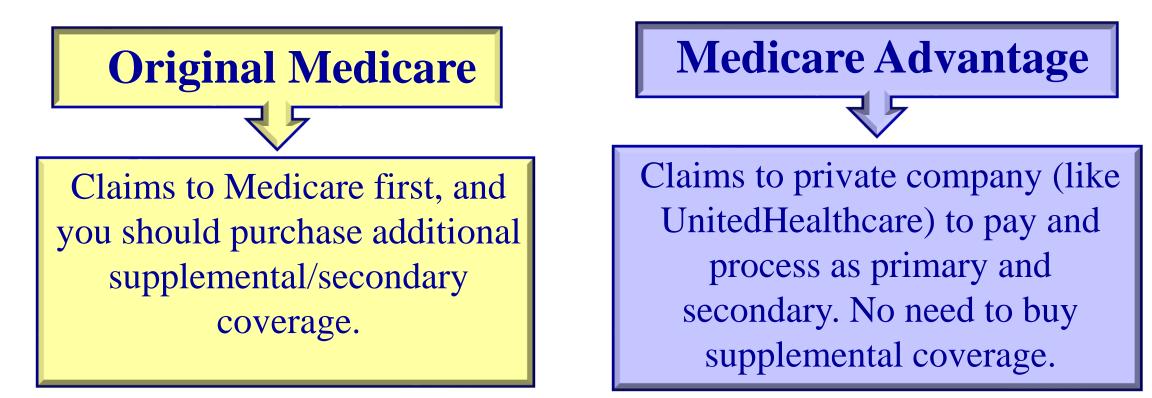
- Part A Hospital coverage
- Part B Medical coverage
- Run by the federal government

Medicare Advantage Plan

(Balanced Budget Act of 1997)

- Part C
- Run by private companies

Main Differences are Where Claims Go and How They're Processed



The medical portion of the TRS MEHP is a Medicare Advantage plan administered by UnitedHealthcare.



What About Medicare Rx Coverage?

Result of the Medicare Modernization Act 2003

Also known as Medicare Part D



• Run by private companies

The prescription portion of the TRS MEHP is a Medicare Part D prescription drug plan administered by **Express Scripts**.



Components of the MEHP

UnitedHealthcare Medicare Advantage plan covers

medical claims.



Express Scripts Medicare Part D drug plan covers prescription claims.



Do not enroll in **another** Medicare Advantage plan **or** Medicare Part D plan outside of TRS.





The TRS Quick Step Guide 01 how to enroll in the MEHP





Enroll In Medicare

You must ...

• Apply for Medicare three months **before** your 65th birthday.

If you are receiving Social Security or Railroad Retirement benefits ...

- You *automatically* will be enrolled in Medicare parts A and B.
- Your Medicare card will be mailed to you.



More About Enrolling in Medicare

Not eligible to receive Social Security benefits? You will NOT receive Medicare automatically. You must apply.

The ways to apply for Medicare are:

Call or visit your	Apply		If you worked for a
local Social	online at	or	railroad, call the RRB
Security office	www.ssa.gov/medicare/		at 877-772-5772

Take original documents such as driver's license, Social Security card, birth certificate, marriage license, proof of income

> You must enroll in Medicare to be eligible to enroll in the TRS MEHP!



What Parts of Medicare Do I Need?

Retirees	 You must enroll in Medicare Part B. Only enroll in Part A if it's free. You might qualify through a current, ex- or deceased spouse who paid into Social Security. Or if you started teaching April 1986 or later. Not eligible for free Part A? The TRS plan will pay as Medicare would have paid on Part A expenses, excluding the MEHP deductibles and copayments.
Spouses	 Enroll in Medicare Part A. Enroll in Medicare Part B.
Retirees & Spouses	• Do not enroll in Medicare Part D . You will have a Medicare Part D plan through Express Scripts when you enroll in the TRS MEHP.

17 KENTUCH

Ways to Pay Medicare Part B Premium

Social
SecurityIf you receive a Social Security
benefit check, your Part B premium
will be deducted automatically.

If you don't receive a Social Security benefit check, you will receive a Medicare Premium Bill

Mail Payment

Mail payment coupon with your check, money order or credit card number

Bank

Pay directly from your savings or checking account online at your bank's website

Credit Card

Pay at MyMedicare.gov by credit or debit card (Use or create secure login.) Medicare Easy Pay Sign up through Medicare to debit from checking account

Everyone **must** enroll in Part B **and** pay standard Part B premium (\$170.10 a month in 2022). If you don't enroll or fail to pay Part B premium, your TRS MEHP will be terminated.





Complete MEHP Enrollment Form



MEDICARE ELIGIBLE HEALTH PLAN (MEHP)

Medical & Prescription Drug Enrollment Form for the

TEACHERS' RETIREMENT SYSTEM (TRS)

479 Versailles Road, Frankfort, KY 40601

Phone: 502-848-8500 or 800-618-1687; Fax: 502-573-0199

Complete enrollment through Pathway Member Self Service website at https://mss.trs.ky.gov/ OR by completing this form and returning to TRS

[TRS USE ONLY				
	\boxtimes				Effective Date
l	Turning 65	Qualifying Event	Open Enrollment	New Retiree	
	E	NROLLMENT TY	PE <u>: (</u> for TRS MEH	P only) Select on	e
·	Retiree Only		Retiree & Spouse	Spouse	Only

RETIREE INFORMATION Complete this section if application is for the RETIREE			
Retiree Name	Retiree Social Security or TRS Member ID #		
Retiree Date of Birth	Gender: Married: Marle Female YES NO		

SPOUSE INFORMATION Complete this section if application is for the SPOUSE					
Spouse Name	Spouse Social Security Number Date of Birth			rth	
Retiree Social Security or TRS Member ID #	ŧ	Gender:	🔲 Female	Married: YES	NO

WAIVER OF COVERAGE Complete this section only if you DO NOT want to enroll in TRS MEHP coverage Signature:

I, the retiree, wish to waive coverage.

I, the spouse, wish to waive coverage.

Signature:



Your MEHP enrollment is contingent on your Medicare enrollment. Also, if you are enrolled in another Medicare Advantage plan, another Medicare Part D prescription drug plan or your Medicare Part B coverage terminates, your TRS MEHP will be terminated. Upon waiver or termination of the MEHP, if you are the spouse of a TRS retiree, you will not be eligible for

future re-enrollment unless you have a valid TRS qualifying event. For TRS retirees, changes after the effective date of your insurance may only be made during Open Enrollment or within 30 days of a qualifying event. Obtaining Medicare Part B is considered a qualifying event for TRS retirees only; but you will only have 30 days from the event to enroll.

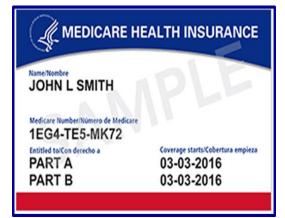
19

IMPORTANT

Complete enrollment through Pathway Member Self Service website at <u>https://mss.trs.ky.gov/</u> OR by completing this form. Use your Medicare card to complete this page. Include a copy of the card with this form, or upload a copy of the card to the online MSS application. If you have applied but not yet received your Medicare card, contact Social Security or sign up for your *my* Social Security account at <u>www.ssa.gov</u> to obtain your Medicare number and effective dates.

Complete if RETIREE is enrolling in the TRS MEHP				
Retiree Name (As shown on your Medicare Card)	Social Security Numbe	er		
Medicare Number – (REQUIRED) located on your Medicare card	Hospital Part A Effect	ive Date		
	Medical Part B Effecti	ve Date (REQUIRED)		
(REQUIRED) Do you have End Stage I	Renal Disease (ESRD)? 🛛	YES 🔲 NO		
Complete if SPOUSE i	is enrolling in the TRS M	MEHP		
Spouse Name (As shown on your Medicare Card)	Social Security Numb			
Medicare Number – (REQUIRED) located on your Medicare card				
Medical Part B Effective Date (REQUIRED)				
(REQUIRED) Do you have End Stage R	enal Disease (ESRD)?	YES 🔲 NO		
DEMOGRAPH	IIC INFORMATION			
Mailing Address				
City	State	ZIP		
PERMANENT Street Address (REQUIRED if Ma	ailing Address is a P.O. Box,	P.O. Box Not Allowed)		
City	State	ZIP		
Email Address	Primary Phone	Alternative Phone		
By signing below, I confirm I have read and understa coverage. I also understand that if Medicare indicates prescription drug coverage that I may receive a form form, I may be required to pay a monthly premium p	s I have gone 63 or more days asking about prior drug cover	in a row without creditable		
RETIREE'S SIGNATURE				
SPOUSE'S SIGNATURE (If enrolling in coverage)	DAT	E		

 Complete the blue MEHP enrollment form by copying your Medicare number from your Medicare Card.



 Always keep your address current with TRS, Medicare and Social Security.





Submit Your MEHP Enrollment Form to TRS

Submit the form and a copy of your Medicare card to TRS as soon as possible, but no later than the last day of the month before you turn 65.

<u>For example:</u> Birthday is Oct. 16, submit by Sept. 30

Born on the first day of the month? Birthday is Oct. 1, submit one month early (i.e. by Aug 31) If you have applied for Medicare but don't have your card, sign up for your *my* Social Security account at <u>www.ssa.gov</u> to get your Medicare number and effective dates.







Paperless Enrollment Form

Paperless enrollment can be done through TRS Pathway, the member account access site, at https://mss.trs.ky.gov

Instructions are in the Turning 65 booklet

You first must register on Pathway using your email and your TRS ID.

Paperless enrollment is encouraged, and we can help you with the enrollment!





What About Covered Dependents?

On a KEHP Couple or Family plan?

- May need to complete and return the KEHP Retiree Health Insurance Enrollment/Change Application to continue or waive coverage for remaining dependents. See page 30 of the Turning 65 booklet.
- KEHP rates are shown on the rate chart included in the booklet.

On a Parent Plus plan?

- You will receive a separate COBRA packet from HealthEquity (WageWorks) before the termination date to continue coverage for the child, if needed.
- If the child is disabled and has Medicare Parts A & B, you can enroll them in the TRS MEHP.



MEHP Medical Coverage Overview

Medical Deductible

- \$150 per calendar year, then
- Member pays 4%, plan pays 96% of covered expenses
- Other copayments:
 - \$200 for inpatient hospital copayment
 - \$25 for urgently needed services
- Member's maximum out-of-pocket is \$1,200 per calendar year - Once met, plan pays 100% of covered expenses
- The deductible, copayments and coinsurance apply toward \$1,200 out-of-pocket annual maximum.

Medicare-covered preventive care paid at 100% with no deductible.

Receive a gift card for completing your annual wellness visit by June 30.

UnitedHealthcare Group Medicare Advantage (PPO)

Premiums and Benefits	In-Network	Out-of-Network	
Monthly Plan Premium	Contact your group plan sponsor to determine your actual premium amount, if applicable.		
Annual Medical Deductible	\$150 per year for some in-network and out-of-network services.		
	(See Additional Information About UnitedHealthcare Group Medicare Advantage (PPO) for more information on your plan year deductible.)		
Maximum Out-of-Pocket Amount	Your plan has an annual combined in-network and out-of-network out-of-pocket maximum of \$1,200 each plan year.		
	Please note that you will still need to pay your monthly premiums, if applicable.		
	(The amounts you pay for deductibles, copays and coinsurance for covered services count toward this combined maximum in-network and out-of-network out-of-pocket limit. Expenses for non-emergency care while in a foreign country do not apply toward this limit.)		



Once coverage begins, register at www.UHCRetiree.com/trs or call 844-518-5877 to see features available

- One routine hearing exam every plan year, \$0 copay
- UHC Hearing access to exclusive savings and a \$500 hearing aid allowance every 36 months
- SilverSneakers fitness program provided at no cost. Find participating SilverSneaf facilities at <u>www.silversneakers.com</u> or call 888-423-4632.
- Healthy at Home program includes benefits such as home delivered meals, one-way medical trips and in-home personal services after each inpatient hospitalization.
- HouseCalls, in home assessment program, \$0 copay. Earn a gift card!
- Virtual doctor visits from your computer for minor health concerns
- 52-week online weight loss program through Real Appeal
- Earn a reloadable gift card through Renew Rewards for certain health care activities that you complete.



🕢 amwel

Rea

Appeal

TELADOC

25

MEHP Part D Prescription Coverage

Retail Program

Designed for short-term, 30-day medications Deductible is \$150 per calendar year

- Coinsurance after deductible is met
 - Tier 1: 20% Generic
 - Tier 2: 20% Preferred drugs
 - Tier 3: 50% Non-preferred drugs

Mail Program

Designed for maintenance, 90-day medications Deductible — \$0 per calendar year

Copayment

- Tier 1: \$10 Generic
- Tier 2: \$20 Preferred drugs
- Tier 3: 50% Non-preferred drugs

Your 2022 Prescription Program				
STAGE	TIER	IN-NETWORK RETAIL PHARMACY (0-90 DAY SUPPLY)	EXPRESS SCRIPTS HOME DELIVERY (90-DAY SUPPLY)	
Stage 1: Yearly Deductible Stage You begin this payment stage when you fill your first prescription of the calendar year. You stay in this stage until you have paid \$150 for your drugs at retail.		\$150	\$0	
Stage 2: Initial	Tier 1: Generic Drugs	20% of drug cost	\$10 copay	
Coverage Stage You pay a copayment	Tier 2: Preferred Drugs (includes brand and generic)	20% of drug cost	\$20 copay	
or coinsurance for your Part D drugs	Tier 3: Non-Preferred Drugs (includes brand and generic)	50% of drug cost	50% of drug cost	
until your total out-of- pocket costs reach \$7,050.	Specialty drugs purchased from Accredo (limited to a one-month supply) Generics \$3.33 copay Brands \$6.66 copay			
Stage 3: Coverage Gap Stage	After your total yearly drug costs reach \$4,430, you will generally pay the same cost-sharing amount as in the Initial Coverage Stage (above) until your yearly out-of-pocket drug costs reach \$7,050.			
Stage 4: Catastrophic Coverage Stage	Tier 1: Generic Drugs	5% of drug cost with \$3.95 min	5% of drug cost with \$3.95 min and \$10 max	
After your total out- of-pocket costs exceed \$7,050 you pay the greater of the copayments or coinsurance noted in the columns to the right, with a max not	Tier 2: Preferred Drugs (includes brand and generic)	5% of drug cost with \$9.85 min	5% of drug cost with \$9.85 min and \$20 max	
	Tier 3: Non-Preferred Drugs (includes brand and generic)	5% of drug cost with \$9.85 min	5% of drug cost with \$9.85 min	
to exceed the standard cost-sharing amount during the Initial Coverage Stage at home delivery.		n Accredo (limited to a o erics \$3.33 copay nds \$6.66 copay	ne-month supply)	

In the coverage gap stage (donut hole), you pay the same as shown above.







Free counseling with live pharmacists

Know Your Rx Coalition *Pharm-Assist*

Hours: Monday to Friday, 8 a.m. to 6 p.m. ET **Phone:** 855-218-5979

Email: <u>KYRx@uky.edu</u>

Website: <u>www.KYRx.org</u>



MEHP

Personalized Medicine



TRS Solution: CORIELL Personalized Medicine Partnership (CLS)

This personalized medicine program uses DNA testing to help you find out if your medications work for you.

You Your Doctor Your Pharmacist





- MEHP enrollees: Contact CLS at **888-454-9024** or at **www.coriell.com/trs** to request free DNA kit.
- Non-Medicare KEHP enrollees: Eligible for DNA kit and pay \$360 cost by credit card or CDHP HRA.



MEHP

Personalized Medicine

Early Results — Real Story

- TRS member was prescribed a blood thinner after having a stroke
- TRS member had a mini-stroke while on that blood thinner
- TRS member took the DNA test and results showed the member was a slow metabolizer of the blood thinner and it did not interact well with their stomach medicine
- The Know Your Rx pharmacist worked with the TRS member and doctor to change to a different blood thinner
- The member is doing well

After turning 65, contact CLS at 888-454-9024 or at www.coriell.com/trs to request free DNA kit.



29

MEHP

Personalized Medicine

Member Testimonials



"I've been taking different antidepressant meds for 15 years for severe depression and hospitalization. My med changed from SSNI to SNRI and **I've never felt better!** My family, friends and neighbors are overjoyed with the change."

-Participating Member



"I found out one medicine was not working well for me. **Now my doctor can prescribe a medication that works better.** Personalized medicine is a great benefit! The KYRx Coalition were wonderful."

-Participating Member

After turning 65, contact CLS at **888-454-9024** or at **www.coriell.com/trs** to request a free DNA kit.

TRS MEHP Overview



- Medicare Advantage plan allows you same in- and out-of-network cost-share; therefore, you can see any licensed provider who accepts Medicare patients and Medicare assignment and agrees to bill UHC directly.
- Show providers your **new** UHC Medicare Advantage ID card and have them file claims directly with UHC instead of Medicare.
- Providers submit claims directly to UHC and providers bill you *after* claims have been processed by UHC. Do not pay provider anything up front.

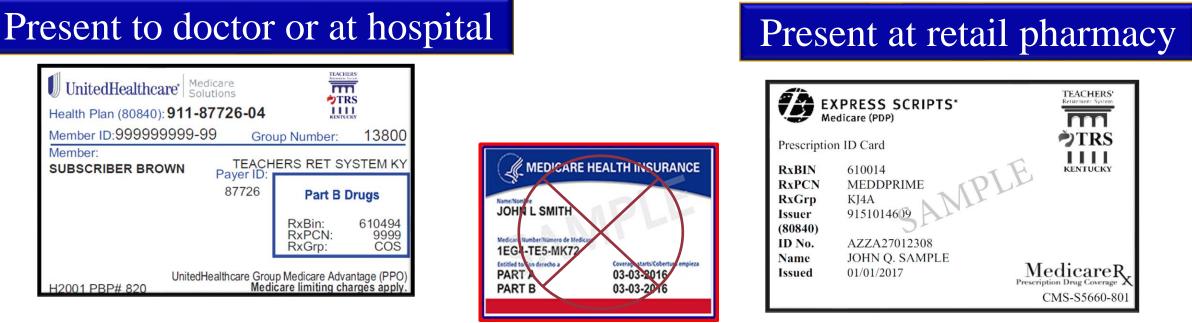


- All major chain pharmacies included in the retail pharmacy network.
- Show your **new** Express Scripts ID card at the retail pharmacy.
- To avoid any possible lapse in your medication with the TRS MEHP, obtain a refill through your current plan by the last day of the month prior to your birth month.

If you enroll in another Medicare Advantage plan or Medicare Part D plan outside of TRS, your TRS MEHP terminates immediately.



Benefit Booklets & Identification Cards



No need to present your original Medicare card to your providers.

On the effective date of coverage, if you have not received your ID cards, you can print temporary cards by registering at <u>www.uhcretiree.com/trs</u> and <u>www.express-scripts.com</u>.

What Else Should You Expect?

KNOW



Within 90 days after enrolling, expect: welcome call **and** health assessment call Introduction call/email from a coalition pharmacist



Communication from CLS regarding the DNA test



What Will MEHP Cost?





35

How Much Does MEHP Cost for 2022?

Listed below is the 2022 monthly MEHP cost (you also must continue to pay your Medicare Part B premium and any additional Part B and Part D income-adjusted premium billed by Social Security).

Years of Service	TRS Entry Date Before July 1, 2002	TRS Entry Date on or After July 1, 2002	TRS Entry Date on or After July 1, 2008	Medicare- Eligible
5-9.99	\$158.25	\$189.90	Not Eligible	Spouses/Children Pay
10-14.99	\$105.50	\$158.25	Not Eligible	Full Monthly
15-19.99	\$52.75	\$116.05	\$116.05	Premium of
20-24.99	\$0	\$73.85	\$73.85	\$211
25-25.99	\$0	\$21.10	\$21.10	and the monthly
26-26.99	\$0	\$10.55	\$10.55	Medicare Part B
27 or more	\$0	\$0	\$0	premium

Recommend contacting TRS to verify your premium.

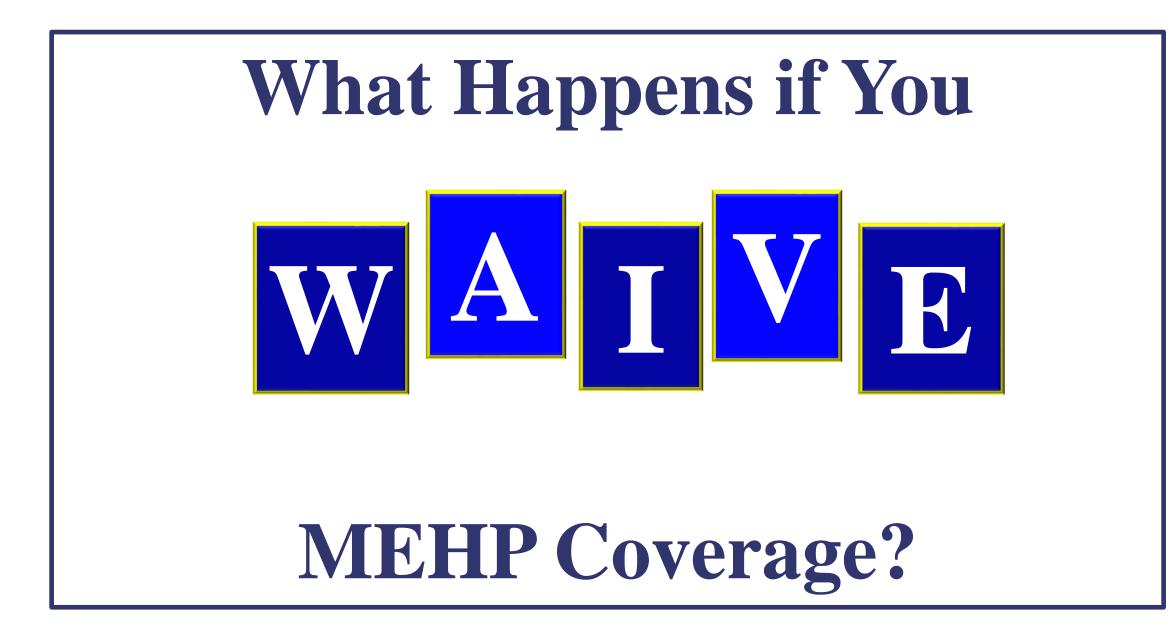
Reciprocity retirees must contact TRS for premium calculation.



Other Medicare Premiums to Expect

Higher-income earners pay additional monthly Medicare Part B & D premiums if your income, as reported on your IRS tax return from two years prior, is over a certain amount. Late enrollment penalty Penalty for failing to enroll in Medicare Part B or a Medicare Part D plan when first eligible

The above are monthly premiums paid to Social Security and are in addition to the standard Part B premium paid to Social Security (\$170.10 for those new to Medicare in 2022) and the MEHP premium paid to TRS (if any). You will be notified by Social Security if you fall into either of these categories.





WAIVE

Retiree Waives MEHP Upon Turning 65

- Open enrollment effective Jan. 1
- Outside of open enrollment you must experience a valid qualifying event.
 - Loss of other coverage, COBRA expires, gaining Medicare Part B or moving back to United States

Spouse Waives MEHP Upon Turning 65

- Open enrollment **not** an option
- You must experience a qualifying event to enroll.
 - Spouse loses other employer/retirement system sponsored coverage, spouse's COBRA expires, tag-along with retiree or death of retiree



Re-employed Retirees Reminders

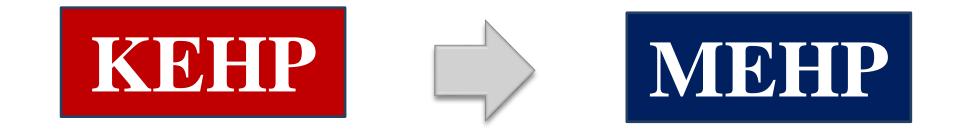
Retirees and spouses who return to the workforce must drop health insurance coverage through TRS if they are eligible for health insurance through a new job. Be aware there could be a month lapse in coverage.

Once you leave employment or lose eligibility for the active insurance that came with that job, contact TRS to re-enroll in its coverage within the qualifying event period (usually 30 days) and provide the required documentation.

2



Before Moving From KEHP to Medicare



WebMD Use or lose your rewards before KEHP coverage ends

Health**Equity**

Consumer Driven Health Plan (CDHP) HRA funds must be used before moving to MEHP



41

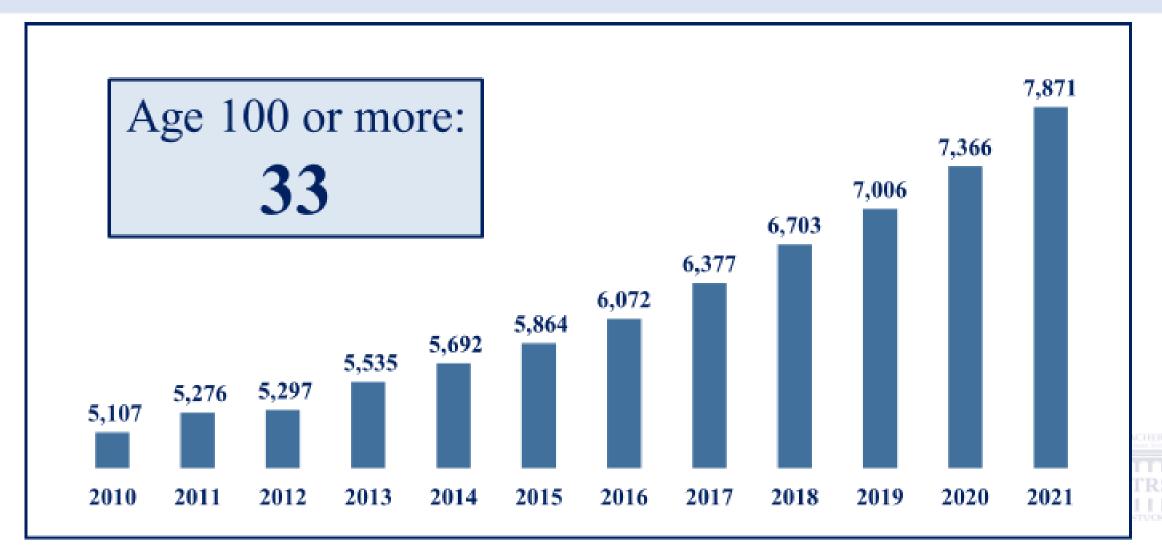
Good News





TRS Benefits Protect Teachers

Retirees over 80 as of Dec. 31



Remember: Benefits, Costs Can Change

- **Can change yearly:**
- ✓ Deductibles
- ✓ Coinsurance/copayments
- ✓ List of covered drugs
- ✓ Premiums

Always watch TRS newsletters and website for changes and notices.

TRS News & Information



https://trs.ky.gov

TEACHERS' RETIREMENT SYSTEM PATHWAY



https://mss.trs.ky.gov/



facebook.com/KyTeachersRS



@KyTeachersRS





Our Members Come First!

800-618-1687

8 a.m. – 5 p.m. ET Monday – Friday

info@trs.ky.gov
https://trs.ky.gov

Protecting & Preserving Teachers' Retirement Benefits