## TEACHERS' RETIREMENT SYSTEM OF THE STATE OF KENTUCKY (TRS)

## Quick Step Guide Medicare Eligible Health Plan (MEHP)

RETIREE GUIDE TO ENROLLING IN THE TRS MEHP		
Step 1	<ul> <li>Contact or visit your local Social Security office or apply online at ssa.gov/medicare.</li> <li>Enroll in Medicare Part B.</li> <li>Enroll in Medicare Part A only if you qualify and it is free. See additional enclosed information for ways you could qualify.</li> <li>Do not enroll in Part D because the TRS MEHP provides it.</li> </ul>	
Step 2	Complete an MEHP enrollment form providing the Medicare number obtained from either Social Security or your Medicare card.	
Step 3	Return MEHP enrollment form to TRS about two months before your birth month. Include a copy of your Medicare card if it's available, or submit a copy upon receipt.	
Step 4	If you're currently covering dependents, complete and return a Kentucky Employees' Health Plan (KEHP) retiree health insurance enrollment/change application to continue or to waive coverage for remaining dependents.	

SPOUSE GUIDE TO ENROLLING IN THE TRS MEHP		
Step 1	<ul> <li>Contact or visit your local Social Security office or apply online at ssa.gov/medicare.</li> <li>Enroll in Medicare Part A and Part B.</li> <li>Do not enroll in Part D because the TRS MEHP provides it.</li> </ul>	
Step 2	Complete an MEHP enrollment form providing the Medicare number obtained from either Social Security or your Medicare card.	
Step 3	Return MEHP enrollment form to TRS about two months before your birth month. Include a copy of your Medicare card if it's available, or submit a copy upon receipt.	

## POINTS OF INTEREST ...

The TRS MEHP is a
Medicare Advantage
PPO medical plan
and a Medicare
Part D prescription
drug plan.

If your birthday is the first day of the month, your Medicare begins on the first day of the prior month and you are eligible for the TRS MEHP on that date.

If you are a spouse of a TRS retiree and waive this coverage, you will NOT be permitted to enroll in the future unless you experience a valid TRS qualifying event.